

Clinical Psychology Registrar Program



PSYCHOLOGY
CONSULTANTS

Newmarket @ Morningside

Clinical Psychology Registrar Program

Psychology Consultants is inviting Clinical Psychology Registrars to apply for four positions in our Clinical Psychology Registrar Program, commencing July 2021. The program has been carefully designed to support clinical psychology registrars to obtain endorsement as Clinical Psychologists.

The program involves two possible streams: (1) clinical psychology and (2) clinical psychology with a focus on compassion focused therapy (CFT). The clinical psychology stream is designed to provide a broad range of experiences and development of a range of skills and approaches in clinical psychology. Within this stream there may be scope to develop special interest topics and specific therapeutic approaches where relevant to supervisor expertise.

The clinical psychology with a focus on CFT stream is designed to support the clinical psychology registrar who is interested in deepening their knowledge and skills in CFT and compassionate mind training (CMT) in both individual and group formats, and is specifically designed for those wishing to pursue their career in this exciting, developing field of practice.



About Us

We are a team of Clinical Psychologists providing evidence-based therapeutic approaches for people of all ages to deal with emotional and behavioral problems such as anxiety, depression, and relationship problems that affect their daily lives.

Our offices are based at Morningside and Newmarket with a large team of experienced clinical and general psychologists with a wide range of interests and skills. We value the diversity of approaches and perspectives our team of professionals bring to the practice.

We provide a broad range of local, national and international clinical psychology services to promote the well-being of individuals, couples, families and communities, with an overarching aspiration of helping people flourish and discover their full potential. We believe in personalised, precision healthcare aimed at delivering the right treatment at the right time. Each person is an individual. Therefore, we seek to tailor our approaches to each clinical situation.



About The Program

We are excited to offer these clinical psychology registrar positions to support recent clinical psychology graduates to gain clinical endorsement in an efficient and stimulating manner. Our directors, Kathryn Smith and Stan Steindl, each bring a wealth of knowledge and experience in their particular areas of interest, and will be providing the supervision.

Kathryn has particular interests in anxiety, health anxiety, obsessive-compulsive disorder, insomnia and works within cognitive-behavior therapy (CBT) and acceptance and commitment therapy (ACT) models. Kathryn will be supervising registrars in the clinical psychology stream. Stan interests lie in areas such as anxiety and depression, trauma, and addictions, and he works within CBT, ANCT, motivational interviewing (MI) and CFT). He will be supervising registrars in the clinical psychology with a focus on CFT stream. We have developed a two-year program that satisfies all the requirements for clinical endorsement.

AHPRA's minimum requirements for endorsement following a Masters in Clinical Psychology are:

- 80 hours combined of group and individual supervision
- 80 hours of active CPD
- 3000 practice hours over 88 weeks

Clinical psychology registrar positions at Psychology Consultants will include the following:

- Full-time clinical practice hours across two years
- Individual supervision with Board-Approved Supervisor
- Group supervision with Board-Approved Supervisor
- Professional development through internal and external training events
- \$1000 across 2 years (full time) to attend external CPD in approved areas of interest

Psychology Consultants receive referrals from across Brisbane to our two practices at Morningside and Newmarket. As such, clinical psychology registrars can expect to gain experience with a range of presentations and ages, working in individual and group formats, all within a collegial and supportive atmosphere.

About the Role

The Clinical Psychology Registrar positions at Psychology Consultants are full-time, five days per week. Ability to offer some appointment times for clients after hours is desirable. You will be providing psychological assessment and therapy services to individuals, families and groups. You will meet with your supervisor weekly, and regular internal training will be provided across a broad range of topics. External training will also be available, however for those who are interested in the focus on CFT, external training will have a specific focus on this topic.

WHAT YOU CAN EXPECT FROM US

- 1.All requirements for clinical endorsement completed
- 2.Opportunity for ongoing employment following end of the program
- 3.Benefits including paid maternity leave.
- 4.A wide variety of clients with opportunity to grow a niche area.
- 5.Great location with newly built offices.
- 6.A great work environment that is supportive and empowering.
- 7.A COVID Safe workplace.
- 8.Attractive remuneration package.
- 9.Flexibility to work from home for part of the week.



Our Mission at Psychology Consultants

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What we do

Psychology Consultants has both male and female clinical psychologists each with broad experience in assessing, diagnosing, and treating people with a wide range of emotional and behavioural problems including;

- Anxiety (including OCD, phobias, PTSD)
- depression (including antenatal and postnatal)
- eating disorders
- sleep difficulties
- personality disorders
- addictions (gambling, alcohol, substance)
- managing disabilities
- coping with illness
- chronic pain/health issues
- coping with grief and loss
- gender / sexual issues
- child behavioural concerns
- couples counselling
- parenting skills.

We also offer clinical workshops, career counselling, peer supervision and group therapy programs, like Towards Better Sleep and Compassionate Mind Training (CMT).



Our Directors

Kathryn Smith

Clinical Psychologist & Director

Kathryn Smith has been a registered psychologist since 1992 and is joint director at Psychology Consultants. She is a full member and qualified supervisor for the APS College of Clinical Psychologists. With extensive experience and predominant training in the field of cognitive-behavioural therapy, Kathryn's work experience has been broad. She has worked in child and adolescent psychiatry, community psychiatry, health psychology, acute psychological assessments, medico-legal assessments, and individual counselling, management and supervision. Kathryn has held senior clinical positions in both the public and private health sectors. Kathryn's special interests lie in treating adults with anxiety disorders such as health anxiety, panic, phobias, obsessive compulsive disorders, social phobia, and generalised anxiety disorder. She has extensive experience and expertise in treating insomnia and is the co-founder and facilitator of the Towards Better Sleep program.

Kathryn supervises other psychologists, university postgraduate training psychologists, psychiatrists, and allied health professionals in cognitive-behavioural therapy. She is also experienced in providing workshops and lectures for GPs, psychiatrists, corporate clients and in university settings. Kathryn works at both the Morningside and Newmarket offices.

Dr Stan Steindl

Clinical Psychologist & Director

Director of Psychology Consultants Pty Ltd, Stan has been a registered psychologist and practicing clinical psychologist since 1993, and works full-time in private practice. He has completed a PhD examining the relationship between posttraumatic stress disorder (PTSD) and alcohol dependence among people suffering from combat-related trauma. Stan has broad private practice experience working with men, women, adolescents, couples and families. He has also worked extensively with war veterans and other sufferers of stress and trauma, such as motor vehicle accident victims and victims of crime. His areas of interest include the treatment of anxiety, depression, stress and trauma, alcohol, drug, and smoking addictions, work-related stress and adjustment difficulties, grief and loss, and anger management problems.

A Clinical Consultant and Adjunct Associate Professor at School of Psychology, University of Queensland, Stan provides supervision for post-graduate students carrying out internal clinical placement within the university clinics and teaching into the postgraduate clinical psychology program. He has also helped establish the Compassionate Mind Research Group at UQ, and is involved in a number of research projects on the topics of shame and trauma, compassion and self-compassion, and motivation and MI. He also provides private supervision of psychologists, social workers and others in the counseling and allied health fields. Stan works at both Morningside and Newmarket practices.



Convenient Practice Locations

Based at Newmarket & Morningside our city fringe practices are central and newly renovated offering a calm and private setting for clients with adequate space for the team to congregate, collaborate and relax between sessions. Psychologists have the option to work across both practices with flexible roster times.

Newmarket Practice: Reading Complex- Level 1, 400 Newmarket Road.

This practice offers a modern office environment with ample parking and the convenience of being within a retail setting.

Morningside Practice: Thynne Centre- Level 1, 18 Thynne Road

Completely refurbished in late 2020, this practice offers spacious, modern rooms with a large boardroom and balconette for staff use. Parking is available within the complex or local suburban streets.



Marketing & Administration

Psychology Consultants have hand-picked a dedicated team of administration staff who are committed to helping our clinical psychologists as well as our clients by offering a professional and efficient service.

We strive to make our clients' experience a comfortable and positive one right from the first point of contact and throughout all contacts with our practice. Our friendly administrative team are there to help, whether it be information on psychologists or the process of seeing a psychologist, assistance understanding the referral process, finding an appointment time that works, or any other query clients may have as they take the first steps towards meeting with one of our psychologists.

Marketing & Communications

With a dedicated marketing resource at hand, Psychology Consultants strive to uphold their strong brand reputation of excellence in client care and evidence based treatment. Employing a range of best practice marketing strategy with a strong digital focus, tactics include social media, blogging, regular e-newsletters, Google advertising and search engine optimisation.

Marketing efforts focus on the overall Psychology Consultants brand whilst promoting and supporting the individual Psychologists, connecting them with clients and referring doctors to ensure books are full. Regular marketing means the ever important digital presence of the business is strong and media and PR opportunities can be seized.



Collaboration is the key

Psychology Consultants is a collaborative learning work environment and we value the knowledge and experience each of us brings. As such the entire team is invited to meet quarterly for a catered lunch to discuss both business administration and clinical development. At these team lunch meetings one psychologist is asked to present on a case for mutual learning and discussion.

Application Criteria

1. Full registration with AHPRA as a Registered Psychologist
2. Eligibility to register as a Medicare provider.
3. Recognised Master in Clinical Psychology degree.
4. Great communication skills and ability to develop strong relationships quickly.
5. Ability to work independently.
6. Passionate about work as a therapist and or CFT!

How to apply

Email a cover letter addressing the application criteria, along with your CV, to:

Tamarin Wells: Business Manager
tamarin@psychologyconsultants.com.au

Please note, places are limited.

